



Global. Feminine. Authentic.

16th Global WINConference (long)

Flourishing together: *with beauty, trust & passion*

Tuesday, 1 October

Pre-Conference Events

- 16:00 – 20:00 Conference Sign-In
- 17:30 – 18:30 Speaker Networking and Exchange Session *Rooms - Athens & Barcelona*
- 19:00 – 20:00 VIP Cocktail (*By invitation only*) *Room - Cloud 9 Sky Bar & Lounge*
Zbyňka Šolcová, Czech, Harpist
- 20:00 **Early Arrivals Dinner** *Room - Chez Louis Salon*
(Informal gathering, dinner and networking. Open to all – not included in conference fee and an optional event. Registration requested).

Wednesday, 2 October

Day 1 - The Global Picture: Setting the Stage

Day 1: The Morning – Welcome

- 07:15 – 08:00 **Body-Mind Awakening Session**
- 'I AM Yoga' of the Cells. The quest for a Divine Life in a Divine Body!**
Rooms - Athens & Barcelona
Nilima Bhat, Indian, Director, Roots and Wings Consulting.

Wake up, really WAKE UP your very cells with the powerful rays of the morning Sun, the flushing out of toxins with purified Water, and best of all, the stirring vibrations of soulful toning and joyous chanting. 'I AM Yoga' of the Cells is a synthesis by instructor Nilima Bhat, of many proven wisdom-wellness practices from East and West, centred around the Integral Yoga of Mother Sri Aurobindo. We will heal at a cellular level; releasing aging-decay based cellular memory and replace it with renewal-health based energy patterns. Regular practice returns us to a supple body, emotional balance, a sharp mind and a greater capacity for Love, Peace, Joy and Purpose in our life. The routine takes 45mins and involves a good mix of physical stretches/loosening of joints (pavanmuktasanas), breathing exercises (pranayam), mental formations (visualisation), wilful intention (sankalp), chanting meditation (mantra-japa) and meditative geometry (yantra).

- 09:00 - 12:30 Conference Sign-In
- 10:00 - 11:00 Speaker Networking and Exchange Session *Rooms - Athens & Barcelona*
- 11:45 – 12:20 Abundant Coffee Break** *Room - Congress Hall Foyer*

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Day 1: The Afternoon - The Global Picture

12:20 **Doors open to plenary room** *Room - Congress Hall*

12:30 **Opening with Leadership Drumming** *Room - Congress Hall*

We start our leadership conference by exploring exactly that: leading as well as following. This has become a WIN 'classic'; we will be drumming, jamming and flourishing together. With:

- **Douglas Manuel**, British, Founder & Director, Sewa Beats Sarl

13:20 **Opening Ceremony – Setting the Stage** *Room - Congress Hall*

Welcome & Inaugural Concert

- **Kristin Engvig**, Norwegian, Founder, W.I.N.
- **Czech National Symphony Orchestra**, Czech Republic
- **Honorary Prague City Representative**

14:15 **Plenary Session: Creating the Future** *Room - Congress Hall*

Session Host

- **Kristin Engvig**, Norwegian, Founder, W.I.N.

Speakers

- **Helen Eriksen**, Danish, Director, Academy Economist, Public Speaker, Beyond
- **Julian Lindley-French**, British, Consultant
- **Elisabeth Henderson**, British, Director, The Recess College & Leadership Insight

15:30 **Networking Coffee Break** *Room - Congress Hall Foyer*

16:00 **Plenary Session: Women with Vision** *Room - Congress Hall*

Session Host

- **Kristin Engvig**, Norwegian, Founder, W.I.N.

Artist Part 1

- **Seema Kohli**, Indian, Free Lance Artist

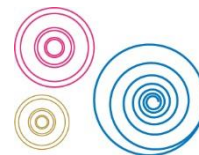
Speakers Part 2

- **Anita Krohn Traaseth**, Norwegian, Managing Director, HP Norway, Hewlett-Packard Company
- **Lorella Zanardo**, Italian, President, il corpo delle donne
- **Nimi Akinkugbe**, Nigerian, CEO, Bestman Games
- **Hanna Birna Kristjánsdóttir**, Icelandic, Minister of the Interior

Session Musician

- **Diana Baker**, Australian, Composer & Concert Pianist

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17:45 **End of Plenary.**

18:00 **Workshop Series I** (9 parallel skill building workshops & 1 working forum)

1.1 How Talented Women Thrive.

Room - Karlin I

Betty-Ann Heggie, Canadian, Founder, Betty-Ann Heggie Womentorship Foundation.

In today's fast paced world we all need more energy to not just survive, but thrive. Talented women find this energy through Presence, Belonging and Resilience. "Presence" comes from being who you are-knowing where your energy comes from and living authentically. Sometimes we need help sourcing energy and that comes from "Belonging". Cultivating the support of friends and co-workers is key to reaching our goals. Ultimately we have to learn "Resilience", the ability to push through and depend upon ourselves. After sharing both positive and negative personal stories Betty-Ann will guide participants through experiential exercises. This will ensure that everyone leaves aware of their energy sources, committed to developing a network of people who energize them and with the tools to put mistakes behind them. Although this workshop is aimed at young women protégés Betty-Ann has found that the more senior women mentors wholly embrace the experience as well.

1.2 Influencing Without Authority.

Rooms - Hercovka & Tyrolka

Beatrix Dart, German, Associate Dean, Rotman School of Management, University of Toronto & **Geeta Sheker, Canadian**, Director, Initiative for Women in Business, Rotman School of Management, University of Toronto.

You have the ability to influence people around you – but how can you be even more effective in doing so? Can you think about people who greatly influenced you - what did they do that was so influential? And do women influence people differently? Most people only use a very limited variety of influencing skills, which limits their effectiveness. This workshop will expand your repertoire of influencing skills. You will learn about your sources of power, understand the range of influencing skills and experiment with different styles. You will also, discover the difference between inappropriate and appropriate influencing tactics as well as the difference between ineffective and effective approaches. Whether you are planning to use influencing skills in your business environment or to influence your children, this workshop will increase your ability to collaborate and to achieve your goals in an ethical way.

1.2 5 Keys How You Really Can Transform Courageously from Corporate Women to Entrepreneur.

Room – Karlin II

Claudia Pasch, German, former Corporate Vice-president, Entrepreneur, Executive Coach and Founder of "Dream It, Dare It, Do It"!

Entrepreneurship is an exciting growing movement for Corporate Women who are searching for more meaning, purpose, integrity, flexibility and better work-life balance than the corporate world can provide. Or simply, doing work they love and creating an exciting future for themselves. The key is to understand how you'll thrive best, and choose the path that supports your individual core needs, values, and wants. This will bring you the most success, reward and fulfilment. Women are succeeding abundantly in entrepreneurial ventures and you can be one of them. Are you ready to explore a new path of work that fits closely with your authentic needs and values? This 90-min workshop will allow Corporate Women to gain insights into the crucial steps required before and during a transition to Entrepreneurship. In an environment that is safe, fun and inspiring, women will be encouraged and guided through a transformational process, recognizing their uniqueness and natural talents. Participants will be sharing, brainstorming and creating new possibilities of how dreams can come together.

1.4 The Art of Career Navigation.

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Rooms – Roma, Vienna & Madrid

Fran O'Hara, British, Founder/Creative Director, Scarlet Design Int. Ltd & **Jane Horan**, Irish, Founder, The Horan Group.

Successful career navigation is an art, something that needs to be learnt. Sooner or later everyone faces a career opportunity, challenge or setback - it can happen anywhere and anytime, so you need to plan, to be prepared and to BE READY... It could be through personal change, economic downturn, organisational restructuring or a career break, having the skills to manage your career is no longer an option – it's a must! This workshop shows you HOW, by addressing some of the issues women's can face at different times of their career journey. Jane brings her extensive experience in D&I gained from working with Fortune 500 companies globally. Fran brings Disney experience and energized engagement! A highly interactive session offering a creative thinking tool for successful career navigation, focusing on strategic visioning and our custom-designed visual planning templates. Using reflection, discussion and visual facilitation, participants create their own personal maps for navigating their future careers successfully!

1.5 3 tips, 2 stories.

Room – Karlin III

Jeanette Luise Eberhardy, American, Writer, Teacher, Consultant, Mass College of Art & Design, Founder, Wiv Inc: Creating Meaningful Work.

Develop stories for your authentic leadership style. Why stories? They help us narrow the gap between inspiration and action. Learn three important storytelling skills and develop two of your own leadership messages. This is a hands-on practical workshop for team meetings and strategic planning sessions. In today's connection economy, strong relationships make the difference. Storytelling skills build trusting connections. Join professionals who are reaching their audiences in meaningful ways. This year at WIN we are beginning a special project. We are collecting women's personal leadership stories to share with each other. Together we *flourish* by learning from each other's experiences. Come develop your unique story and share it with your colleagues at WIN.

1.6 Unique Brand You.

Rooms – Athens & Barcelona

JoAnne Freeman, Canadian, Founder, SWIM upstream.

This very dynamic workshop gives participants the ability to create and communicate their unique offer. By understanding how to use the right words and to describe how they add real value, participants will be able to convince people to buy in to their message. Best marketing practices are applied to enable individuals in corporations to stand out.

1.7 Life is too short to be somebody else. How to harness your true colours for authentic leadership.

Rooms – Palmovka & Rokoska

Liesbeth, Dillen, Dutch, Managing Partner/Mentoring Coach for women, SHE works with women.

This workshop allows you to explore and harness your 'true colours' – authenticity – to be and lead at your best. It will help you become a leader that thrives in the complex realities of the 21st century. Women work hard to blend in. In the past, 20th century business expected us to conform to organizations and ways of working in which authenticity was not always appreciated or encouraged. Perhaps you lost some of your 'colours' along the way. **Leaders are not always bosses.** In this workshop we look at what leadership looks like in the 21st century. To be successful leaders, we must embrace new definitions of leadership, new ways of working and new values. We discuss how the ways in which we work and lead are changing to include new definitions of success beyond power and money and how authenticity can help us shape smarter organizations and a better world. We explore how you can use your true colours to inspire, empower and lead better. We'll help you bring more of the best of yourself to the workplace and to life.

1.8 Can you change your company? Keys to a new corporate culture and to balance masculine and feminine values.

Room – Chez Louis Salon

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Michele Mees, Belgian, Co-Founder, Centre for Balanced Leadership & **Danielle Moens**, Belgian, Partner, Centre for Balanced Leadership.

Discover the 4 Steps that will enable you to become a change agent for a new culture, in which masculine and feminine qualities together ensure an inclusive and diverse workforce. Why is it that 10+ years of efforts to create better gender balance in companies have not delivered sustainable results? Are men actively blocking the boardroom door for women? Are top women Queen Bees who stop other women from advancing? Are women not tough enough to make it to the top? This workshop focuses on the crucial role corporate culture plays in achieving breakthrough changes, and the role of every individual in making this change possible. Culture is made tangible in a number of ways. For instance in how your company defines 'ambition', or a good leader. Or in the dominant discourse on gender. During the workshop you will experience seeing corporate culture through new eyes. You will discover the necessary balance of masculine and feminine qualities with The Balanced Leader Model.

1.9 Nudging the Unconscious Mind for Inclusive Behaviors.

Rooms – Berlin & Brussels

Tinna Nielsen, Danish, Global Head of Diversity, Inclusion & Collaboration, Arla Foods & **Eric Dzedzic**, American, President, CRX Solutions.

This workshop offer new ways of making inclusive behavior more routine. Participants will learn about the power of nudging; a nudge being a gentle, nonintrusive push that alters people's behavior in a predictable way. The nudges we will be working with in this workshop focus on mitigating biases in all stages of the employee lifecycle to promote gender equality and inclusion. We will focus on three kinds of nudges: 1) The 'feel the need for change' nudge. 2) The 'systemic' nudge, 3) the 'framing' nudge. This workshop will be highly interactive. You will 'idea-generate' in groups on powerful nudges based on insights on the simple principles of nudging, insights on the behavioral drivers of the unconscious mind, practical examples and your own experiences. The workshop is aimed at professionals who work with unconscious biases, Diversity & Inclusion, HR or change processes in their profession and who seek out inspiration to make more sustainable behavioral changes happen in their organizations.

1.10 Senior Women Forum: Up! Up! Up! Soft Power at the Top.

Room - Amsterdam

Women are not getting top leadership roles. Compared to 20 years ago there are more women on boards and in executive positions around the world. However, given the numerous programs, seminars, efforts by pioneers, experts and corporate managers the rise in numbers is very slow. In this session, we look at what works and what doesn't when it comes to diversity strategies at the very top. What can be done to accelerate the presence of a more diverse workforce in both politics and corporate life? What can be done to faster and stronger defend women's presence in power? What can women do themselves? Our research shows that the majority of leaders believe in more integrity and in 'feminine' leadership qualities. Is business really willing to embrace these qualities? How can companies and leaders who get it, assure they actually put the means into accelerating progress? How much are we willing to fight for, defend and model these qualities ourselves as women before we opt out or alternatively, simply adapt to the present corporate model?

Moderator

- **Gaëlle Boix**, Spanish, Global Head of Generic Pharmaceuticals segment, Geneva, Switzerland.

Speakers

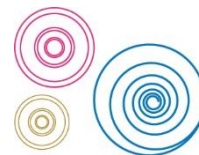
- **Elin Hurvenes**, Norwegian, Founder & Chair, Professional Boards Forum
- **Klara Starkova**, Czech, Member of the Executive Committee, COO, Generali PPF Holding
- **Torben Emborg**, Danish, General Manager of Nestlé for Czech Republic and Slovakia
- **Anne Stevens**, British, VP People and Organisation Cooper, Rio Tinto

18:00 – 19:00 **Press Conference**

Room - Paris

19:30 **End of plenary and workshops.**

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20:15 **Opening Networking Dinner** **Room - Congress Hall**

Network with purpose and pleasure as you connect with new and old friends, share ideas, swap business cards and enjoy a sumptuous and authentic Czech meal.

Thursday, 3 October

Day 2 – The Future of Work

Day 2: The Morning – The Company of the Future

07:30 – 08:15 **Body-Mind Awakening Session**

VISUAL REALIZATION.

Rooms - Athens & Barcelona

Seema Kohli, Indian, Contemporary Artist.

In VISUAL REALIZATION we aim to sharpen our aspirations as goals and then realizing these goals through special techniques. Through these techniques we train our aspirations to penetrate deep into our subconscious mind, which in turn stimulates our active mind to move positively in the direction of our goals. Ancient Indian sages have formulated these techniques. This workshop will help women achieve their realized goals, multitask without stress, make them soar in self-confidence and finally make them peaceful and happy in times of competition and contradiction within. These tools will be imparted through live demonstration, an interactive session and discussing our experiences during the session. The workshop is aimed at achievers and seekers of involution as one corresponds the other.

08:50 **Doors open to the plenary.** **Room - Congress Hall**

09:00 **Plenary Session: The Company of the Future** **Room - Congress Hall**

We will discover how to run a company with purpose, what steps are needed to go from vision and great values to realization. Gain insight into strategies and actions from companies that are more inclusive and inspiring enthusiasm to get things done and grow in a global context.

CEOs, top-level executives, experts and entrepreneurs from a host of exciting and inspiring companies that 'walk the talk' share their innovative approaches, case studies and practical stories on how they prepare their organizations for tomorrow and what their visions are for forming, running and evolving a company

Session Host

- **Umran Beba, Turkish**, Senior VP, Chief Human Resources Officer, AMEA, PepsiCo

Speakers

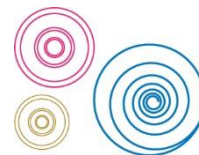
- **Avivah Wittenberg-Cox, French**, CEO, 20-FIRST
- **Henriette Hallberg Thygesen, Danish**, CEO Damco North Asia, Maersk/Damco
- **Aongus Hegarty, Irish**, President & General Manager, Dell Inc
- **Angelique Paulussen, Dutch**, Executive VP Communications and Branding, DSM

Session Musician

- **Diana Baker, Australian**, Composer & Concert Pianist

11:00 **Networking Coffee Break** **Room - Congress Hall Foyer**

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11:30 **Workshop Series II** (8 Skill building Workshops & 2 Working Forums)

2.1 How to embrace the power of leading and working in global virtual teams: move from herding cats to flying geese.

Room – Berlin & Brussels

Clare McNamara, British, Global Executive Coach, Move Ahead Global & **Monica Garcia-Romero, Spanish**, Global Executive Coach, Altamira Global Executive Coaching.

What if developing trust and empathy in virtual teams were easier than we think? What if we could easily compensate for the lack of visual cues and ensure colleagues felt connected and engaged in the team vision? How would it be if we could create workable boundaries around our personal lives while still harnessing the power of the 24/7 culture? In this fun and interactive workshop, we will draw on our own recent research and the power of questions to seek creative and practical solutions to the challenges we face. This workshop is aimed at those leading virtual teams but will also benefit virtual team members wanting to achieve greater satisfaction and productivity.

2.2 Achieve your goals in work and life, a roadmap to reaching your dreams.

Rooms – Hercovka & Tyrolka

Craig Nathanson, American, Founder, The Vocational Coach.

As a result of this workshop you will leave feeling inspired and internally motivated to move forward towards your most important goals. You will gain new ideas which will make a difference in your life. You will leave with a roadmap and plan for your work and life. You will leave with new confidence and excitement to move towards your most important dreams. You will learn the importance of vocation and how to make it last a lifetime and much more! This workshop is open to all and will be very participative along with an opportunity for self-reflection exercises.

2.3 Getting board ready – how to develop a Board Mission Statement.

Room – Karlin II

Elin Hurvenes, Norwegian, Founder & Chairman, Professional Boards Forum.

This workshop will help you start preparing yourself for a Non-executive role in 2-5 years' time. Regardless of board quotas – getting an NED role takes a lot of time, effort and preparation and increasingly fewer NED roles come to those who sit and wait. The workshop will touch on the pre-requisites for board roles such as leadership experience, strategy, finance, legal and governance understanding but above all it will focus on you and how you can turn your skills and knowledge into attractive board assets by developing a Board Mission Statement that will help you raise your profile and visibility and speak eloquently about what you can bring to the boardroom discussion. NED – Non-Executive Director.

2.4 'Leadership is who you are – finding the truth of how you make things happen'.

Rooms – Roma, Vienna & Madrid

Elisabeth Henderson, British, Director, The Recess College & Leadership Insight.

This workshop takes one element of how determined effective leaders blossom - in making things happen – how we inspire and communicate in tricky 'negative' situations. These are situations that keep you awake at night, confront you with power differentials of territory, role and vision yet are critical to the effective outcome of your work. This involves handling anxiety – in response to vested interests, future uncertainties and the unpredictability of other people's reactions. Learning modalities: the aim is the development of emotional acumen and judgement; we will isolate our 'negative' emotional reactions and turn them into data for positive outcomes. You will identify how to 'use' your personality to create critical organisational conversations with key players; develop the zone for doing business with agreement to agree or disagree. The workshop uses experiential exercises and cycles of participative discussion. The audience should be as varied as possible!

2.5 Dynamic Feminine Leadership.

Rooms – Palmovka & Rokoska

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Madelon Evers, Dutch, Consultant/Exec Coach, Trust Your Potential.

You are an experienced woman in business -- a role model. Everyone is watching you. Now what? Are you ready? You must lead large groups with diverse needs or agendas, achieve ambitious goals in unpredictable environments and keep care of self/others in tough times. The higher you go, the fewer feminine role models there are to guide you. You can feel exposed; lose your dynamic energy, sense of feminine identity, and true power. With self-doubt or stress, you may over-extend yourself or even burn out. Let's not go there! **Instead, start to 'walk your talk' as a role model.** Influence others and stay connected to your authentic Self - mentally, physically, with vision, courage, and clear boundaries. Madelon introduces you to handy tools and inspiring group work, to express authentic, feminine ways of leading, sustain power and influence on organizations. Discover how to express tricky, intangible dimensions of leadership, with real potential to boost your impact.

2.6 If Time is Money ... this may be the best 90 min you'll ever invest!

Room - Amsterdam

Majbritt Byskov-Bridges, Danish, Senior Financial Consultant, Guardian Wealth Management.

Investing wisely while living internationally. Learn to prioritise and set realistic financial goals. Understand why women can be at a disadvantage when it comes to retirement planning and how to overcome unpleasant financial surprises. Don't think this is not relevant to you ... it is of utmost importance to everyone!

2.7 Fashion – the silent messenger.

Room – Karlin III

Marion Miltenburger, German, Image Coach, Self Employed.

This short workshop will show participants the importance of the non-verbal side of their own appearance. Here we would like to take a closer look at the area of clothing. Fashion triggers emotions, and buying fashion itself is always motivated by emotion. For women this is a wonderful but sometimes also difficult subject. But fashion is not just an emotional thing. Used strategically, it can also make your personality appear charismatic and your appearance more professional. Just as you like. In the workshop you shall learn interactively how you can exploit fashion for yourself, and the rules for how you can dress stylishly and optimally, without too much effort.

2.8 What's Your Leadership I.D.? Proven Strategies to Accelerate Your Career.

Rooms – Athens & Barcelona

Suzi Skinner, Australian, Managing Director, Roar People, Selftalk Pty Limited.

This concise and highly interactive workshop will familiarise participants with a fresh perspective regarding leadership and their unique leadership identity (their Leadership I.D.). Participants will: 1) Be introduced to the core aspects of Leadership I.D. and the ways in which this can impact their future career success. 2) Understand the research proven attributes of leadership identity and how it unfolds throughout our careers. 3) Learn how to reframe the challenges of organisational life and be introduced to strategies which can prevent destabilisation of their leadership sense of self. 4) Understand the range of leadership identity enablers which have been proven to help women leaders to excel. Participants will engage in practical exercises to reflect upon and apply to these insights to their careers. Suitable for all emerging and current leaders.

2.9 Corporate Forum on Diversity and Inclusion 1: Creating the Inclusive Company.

Room - Congress Hall

Be part of an exchange of practices with companies embracing diversity, leaders who understands the vital importance of inclusion, women taking charge and initiatives on creating inclusive cultures come alive. This expert forum is dedicated to participants from corporations and international organizations that work to create an inclusive workplace and are involved with specific diversity and inclusion initiatives within their organization. The focus is organizational. This session will present case studies, highlighting innovative programs and give opportunities to benchmark best practices, brainstorm and find creative solutions. The first part of the session will involve an expert panel and the second will involve everyone in an active discussion.

Moderator

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- **Lisa Kepinski, American**, Founder, Inclusion Institute

Speakers

- **Koen Van Neyghem, Belgian**, President DuPont Sustainable Solutions EMEA, DuPont
- **Maria Pejter, Danish**, Head of HR, SVITZER A/S
- **Sari Brody, American**, Global Diversity and Leadership Manager, IKEA Services AB
- **Josefine van Zanten, Swiss**, Senior Vice President ONE DSM Culture Agenda, Royal DSM
- **Stefan Bachmann, Swiss**, Staffing Director, EMEA, Hewlett-Packard Company

2.10 Entrepreneurship Forum

Room – Karlin I

The energies are changing and new opportunities are emerging for women and men with care, courage and guts to start their own businesses. It is time to rethink how we really could do it and look at how we can run and operate our businesses in a feminine and authentic way. As values cross goes across borders and boundaries the global market place is a wonderful opportunity; aided by the powers of the Internet, passion and strong values, we can do it. Job creation is needed and entrepreneurship the solution. This session is for entrepreneurs and solo-entrepreneurs or for those dreaming of becoming one. The first part of the session will involve an expert panel and the second will involve Q&A and interactive activities in a lively café style interactive learning process. In this session we will look at entrepreneurship and we will ask: How to create organizations that thrive and where people flourish. For more women to start on the incredible journey of becoming and growing themselves through the fascinating entrepreneurial journey.

Moderator

- **Diana Ritchie, Swiss**, Owner and Founder, SCC Sarl

Speakers

- **Vendulka Raymova, Czech**, Executive Head, Bohemia EU Planners Ltd
- **Shalom Odokara, American**, Executive Director, Women In Need Industries
- **Mary Clement, American**, Naturopathic Physician, Uptown Natural Medicine – ASEA
- **Nimi Akinkugbe, Nigerian**, CEO, Bestman Games
- **Elisabeth Trallero, Spanish**, CEO Congost Plastic, S.A.
- **Graziella Zanoletti, Swiss**, Chief Inspiration Officer, Elite Rent-A-Car

13:00 – 14:30 **Lunch** *Rooms - Chez Louis Salon, Atrium Restaurant & Zest Bar*

Day 2: The Afternoon: Careers and Work of the Future

14:30 **Plenary Session: Work & Careers of the Future** *Room - Congress Hall*

Explore how to develop a career as a journey being both strategic and allowing synchronicity to work its way as you follow your heart. Discover new opportunities and how to be vital and get things done as you manage transitions in order to create careers and work that matters. Encounter the wonders of working from inner listening, intuition and purpose in a way that is aligned with your values as you listen to the world outside and understand where you can contribute the most.

Influential leaders and outstanding professionals share their stories, cases and illuminate new options, strategies and life practices.

Session Host

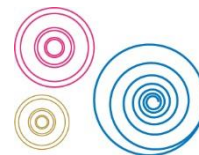
- **Karen Sanders, British**, Professor Department Managing People in Organizations, IESE Business School

Speakers Part 1

- **Paul Vanderbroeck, Dutch**, Leadership Expert, PVDB Consulting
- **Julie Kronstroem Carton, Danish**, Independent Futurist, Copenhagen Institute for Future Studies
- **Michel Deschappelles, American**, Consultant, Egon Zehnder International

Speakers Part 2

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- **Dorothee Van Vredenburg**, Dutch, Member of the Management Board Insurance EurAsia
- **Graziella Zanoletti**, Swiss, Chief Inspiration Officer, Elite Rent-A-Car
- **Patrizia Ravaoli**, Italian, General Director, Italian Red Cross

Session Musicians

- **Miha Pogačnik**, Slovenian, Chief Inspiration Officer, Institute for Development of Intercultural Relations through the Arts (IDRIART).

16:30 **Networking Coffee Break** *Room – Congress Hall Foyer*

17:00 **Workshops Series III** (9 parallel skill building workshops & 1 working forum)

3.1 *Are you Predator, Prey or Partner?*™ The Art & Science of Positive Influence.

Rooms – Roma, Vienna & Madrid

Amy Carroll, American, Coach, Trainer, Speaker, Carroll Communication Coaching.

In subtle ways, we indicate who's got control and who doesn't. Some people take on the *Predator* role, leaving others feeling disrespected. Others give signals they're the *Prey*, as a result, often feel mistreated. We call this *The Invisible Power Game*™, an unconscious status exchange, which happens in the first 30 seconds of an interaction, determining who's in control and how you will be treated as a result. Participants will discover behaviors we unknowingly use that sabotage our business and personal relationships and how to step into the role of *Partner*, instantly communicating value and respect for both parties. The result, *The Invisible Power Game*™ is eliminated and you to get more of what you want, more easily with less hassle! Audience: those who want to increase their awareness and skills to step into Partner in all their interactions or just looking for something entertaining to do for 90 minutes!

3.2 *Strategies for Overcoming Key Career Barriers.*

Room – Karlin I

Charlotte Sweeney, British, Founder and Director, Charlotte Sweeney Associates Ltd & **Lisa Kepinski**, American, Founder, Inclusion Institute.

After more than 20 years of extensive focus on gender inclusion, the current generation of women entering the workplace are experiencing nearly the same career barriers as their predecessors. What are the barriers and how can you minimize them? The workshop presenters are sharing their insights from latest research as well as their extensive knowledge of coaching senior executive women across the world. The session will reveal proven approaches that have worked for others. You will also have the opportunity to take part in a speed mentoring technique to learn from other executive women in the room. The skills and technique can be taken away and instantly applied.

3.3 NETWORKING WITH PURPOSE & PLEASURE?

Room – Karlin II

Emmanuelle Romary, French, Corporate Coach, Team Facilitator, Ref COACHING.

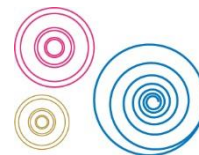
Interested in building further your personal and professional network? Come and join this interactive and energizing workshop, specially customized for WIN, so you can thrive your personal skills as Networker for more uplifting relationships and more purpose. At the end of this experience, you will get tips and insights about Networking. You will explore how to prepare self, deal with emotions and how to engage with each other. The WIN guidelines will be leveraged as networking best practices. The focus will be on You as a person whether you are a Leader, Manager, Team Member. This short format session style will be open, experiential, participative and will empower communication between participants.

3.4 Write your own mission statement.

Rooms – Berlin & Brussels

Helen Eriksen, Danish, Director, Academy Economist, Public Speaker, Beyond.

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If Carl Jung, Albert Einstein, Sigmund Freud and others are correct in saying that human beings use only 5% of their inner potential, then we better do something concrete, effective and powerful to become more conscious about ourselves and our career choices. Experience and research tells us that a personal mission statement can indeed be a very good starting point. This workshop will for the 12th time at W.I.N. take participants through the process of creating a mission statement and will show how it can clarify core values, alter the way we perceive and act, and enable us to use much more of our potential. In an authentic, powerful, and meaningful way. Audience: suitable for all.

3.5 3 tips, 2 stories.

Room - Hercovka

Jeanette Luise Eberhardy, American, Writer, Teacher, Consultant, Mass College of Art & Design, Founder, Wiv Inc: Creating Meaningful Work.

Develop stories for your authentic leadership style. Why stories? They help us narrow the gap between inspiration and action. Learn three important storytelling skills and develop two of your own leadership messages. This is a hands-on practical workshop for team meetings and strategic planning sessions. In today's connection economy, strong relationships make the difference. Storytelling skills build trusting connections. Join professionals who are reaching their audiences in meaningful ways. This year at WIN we are beginning a special project. We are collecting women's personal leadership stories to share with each other. Together we *flourish* by learning from each other's experiences. Come develop your unique story and share it with your colleagues at WIN.

3.6 Innovation and Inclusion: Changing the Game.

Rooms – Palmovka & Rokoska

Mary Farmer, Canadian, Program Director, Glion Online Programs, Les Roches-Gruyere University/Glion Institute of Higher Education & **Rebekah Steele, Canadian**, Principal and Diversity Innovator, Rebekah Steele | Diversity Breakthroughs.

Create the future to achieve the things you care about most in this interactive transformation lab. If you realize that the future needs something different from the past to achieve results that matter to you, join us to design new and inclusive ways of working that can bring about better outcomes. EXPLORE new perspectives and ways of working to flourish by addressing systemic unconscious bias. DESIGN innovative prototypes fostering inclusive ecosystems for yourself, team, organization, and society. CREATE a practical plan to seize opportunities that make the most of innovation and inclusion to achieve results that matter.

3.7 Making A Home in the World: The What's and Why's of Growing a Global Family.

Room – Karlin III

Melissa Dalton-Bradford, American, Author, Lecturer, Vocalist.

From her roots in a small American town to an adulthood spanning eight countries and five languages, talented author and charismatic lecturer Melissa Dalton-Bradford is uniquely qualified to share what it means to successfully navigate the many cross-cultural challenges of building a global career and raising a globally-minded family. This substantive and captivating workshop is ideal for all who are interested in, exhilarated by, terrified about or responsible for expatriate experiences, either as global nomads themselves, or as those who shape expatriate assignments. With enthusiasm, wit and authoritative depth, Melissa examines both through personal experience and specific research the exhilarations, exasperations, humiliations and triumphs of living internationally and nomadically with your family, focusing specifically on the invaluable gifts that come from making "global" one's center.

3.8 Leadership Strategies for Women: How to build and use trusting relationships at work.

Room - Athens & Barcelona

Paul Vanderbroeck, Dutch, Leadership Expert, PVDB Consulting.

How do women leaders make it to the top of an organization? How can women stay at the top when most of their colleagues are men? What should women do to exercise leadership well? This workshop for senior women leaders uses the stories of

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four powerful queens who knew the answers to these three questions: Cleopatra, Isabella of Spain, Elizabeth I of England, and Catherine the Great. Taking one of the central themes of the conference, we will particularly focus on how these queens built used trusting relationships at work effectively (and sometimes ineffectively). Through these case studies of successful women leaders, the participants attending this workshop will learn how to use such relationships to contribute to their own leadership and career success.

3.9 Authenticity . . . the new Smart: How to be Both!

Rooms – Tyrolka

Sharon Hoyle Weber, American, Award winning author, speaker, work life expert.

Awaken your knowledge and senses to how the *real you* is at risk of boiling away one degree at a time under the pressures of your career. Through stories of real life challenges faced by high performing professionals, you will see the power of authenticity awaken, and allow you to realize all of your career dreams! By “Taking Your Temperature,” you will discover how much of your true self has gradually, unconsciously boiled away. Through small group discussions and practice, you will identify the benefits of an authentic work life, and develop a viable strategy for bringing out your best self when it counts! This workshop is a must for anyone who is in a hard driving work environment, and feels they are not embracing their greatest asset . . . their authentic self! It’s time to Turn the World onto YOU!

3.10 Women Empowering Women Forum.

Room – Amsterdam

The W.I.N. Forum on Women Empowering Women Worldwide explores one of the most important responsibilities we have - to empower people around us. On an everyday basis uplifting and encouraging someone to be true to themselves and empowering them to make their dreams and desires happen in life and at work - in a way we can all play a role in empowering others. Standing there for someone else, making space for them to be and to find possibilities is a gift. In this specific session we aim to look at projects and initiatives that have as their mission to empower women. We also want to highlight women who, through their daily life and behaviour, exemplify how one can empower another person in very simple ways. So, as we look at initiatives that exist, that we as women can support, we also want to start by looking at our own behaviour. As the world transforms, we are waking up to the need for feminine power and women are embracing their authentic selves. How can we empower each other (women), by remembering to give value to empathy, integrity, receptivity, intuition, caring, sharing and resilience, simply a woman’s own truth in any situation?

Moderator

- **Fran O’Hara, British**, Founder/Creative Director, Scarlet Design Int. Ltd

Speakers

- **Erum Azhar, Pakistani**, Founder Member, The Citizens Foundation
- **Sarajeon Rossitto, American**, Owner, Delta International, Nonprofit NGO Consulting
- **Rekha Mody, Indian**, Founder, Streeskakti The Parallel Force
- **Amany Asfour, Egyptian**, President Egyptian Business Women Association, Egyptian Business Women Association/African Alliance for Women Empowerment
- **Anne Pelagie Yotchou, Cameroonian**, Co-ordinator, Ladies Circle
- **Jodie Cole, Australian**, HR Business Partner & Specialist, Talent Management, The Global Fund

18:30 **WIN Cocktail** **Room - Congress Hall Foyer**

The WIN Cocktail is followed by the Award Winning Documentary play 7 (Seven). Watch participants, speakers and WIN organizers in key roles.

19:00 **Stage Performance: 7 in Prague! – A Reading** **Room - Congress Hall**

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Award winning documentary stage performance/reading 7 (Seven) showcases 7 global female protagonists through their journey of hope, courage and road to freedom. They are women whose humanity inspires us all. The play has reached 15,000 people in 11 countries. Produced by Hedda Krausz Sjögren
Production and Director, Pasquale Esposito.

20:00 **End of DAY 2**

Free evening, enjoy dinner in town.

Friday, 4 October

Day 3 – Realizing You: Growing as Agents of Possibility

07:30 – 08:15 **Body-Mind Awakening Session**

Rooms – Athens & Barcelona

VISUAL REALIZATION.

Seema Kohli, Indian, Contemporary Artist.

In VISUAL REALIZATION we aim to sharpen our aspirations as goals and then realizing these goals through special techniques. Through these techniques we train our aspirations to penetrate deep into our subconscious mind, which in turn stimulates our active mind to move positively in the direction of our goals. Ancient Indian sages have formulated these techniques. This workshop will help women achieve their realized goals, multitask without stress, make them soar in self-confidence and finally make them peaceful and happy in times of competition and contradiction within. These tools will be imparted through live demonstration, an interactive session and discussing our experiences during the session. The workshop is aimed at achievers and seekers of involution as one corresponds the other.

Day 3: The Morning – Realizing You

09:00 **Plenary Session: Realizing You**

Room - Congress Hall

Influential thinkers and experts from academia, research, psychology, spirituality and business address the theme of the day. Gain insight in how to allow for new possibilities, living a journey, finding clarity, enthusiasm, commitment and care while giving and receiving support along the way, time and again. Learn more about feminine power, risk-taking, anger, stress, living inside-out, staying on purpose and realizing the authentic you as you take your project from seed to flower. It is all about Flourishing together: with beauty, trust and passion

Session Host

- **Kristin Engvig, Norwegian**, Founder, WIN

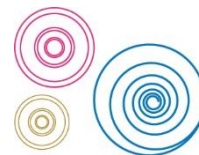
Speakers

- **Alexandra Panayotou, Irish**, Ultra Endurance Athlete, Speaker, Writer, Alex Living Excellence
- **Peter Koenig, British**, Principal, Peter Koenig Enterprises
- **Vandana Kohli, Indian**, Director/Producer/Writer, Vandana Kohli Productions
- **Beatrice Bauer, Italian**, Senior Professor Organization and Human Resources Management Department, Bocconi
- **Isha Judd, Australian**, Founder, Isha Judd Educating for Peace

Session Musicians

- **Diana Baker, Australian**, Composer & Concert Pianist

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- **Miha Pogačnik, Slovenian**, Chief Inspiration Officer, Institute for Development of Intercultural Relations through the Arts (IDRIART).

11:00 **Networking Coffee Break** *Room - Congress Hall Foyer*

11:30 **Workshop Series IV** (7 parallel skill building workshops & 2 working forums)

4.1 Understanding the Origins of Our Stress and Developing Personal Coping Strategies.

Rooms – Palmovka & Rokoska

Beatrice Bauer, Italian, Senior Professor Organization and Human Resources Management Department, Bocconi.

In the first part of the workshop we will assess our personal stress level and look into the complexity of workplace stress. Understanding its causes and consequences and working out our personal stress management strategies can help us better defend our well-being and improve our performance level. The second part is dedicated to a personal action plan to protect our health, preserve our passion and invest in the truly important things of our life, getting ready to start taking true action for a change.

4.2 Human Rights and Self Awareness: How loving ourselves unconditionally will change the world.

Rooms – Hercovka & Tyrolka

Isha Judd, Australian, Founder, Isha Judd Educating for Peace.

In this inspiring and transformational workshop, renowned humanitarian and bestselling author Isha Judd teaches practical tools for inner growth designed to help us find peace in the midst of the modern world. She will explore how our most basic human right is the right to love and self-acceptance, and how we can help create a more just and peaceful world by becoming more peaceful and compassionate ourselves. Isha will explore the role self-esteem plays in successful business management and how focusing on giving in the workplace opens us up to truly receive in abundance. This workshop is ultimately about learning to take responsibility: to take responsibility for our own joy and for the choices we make in every moment.

4.3 How can THE GENTLE POWER of MUSIC help us as leaders to successfully change ourselves and our organizations?

Room – Congress Hall

Miha Pogačnik, Slovenian, Chief Inspiration Officer, Institute for Development of Intercultural Relations through the Arts (IDRIART).

Do we know how to lead change in organization and to achieve personal transformation? Unfortunately the reality of old patterns prevails and our best intentions are soon out of the window! Why? Because our change-ideas are not steeped into DEEP EXPERIENCE in the first place. Miha and Diana will introduce you to the living, strategic experience of the great masterpieces of music. Through their method of exposing the emotional intelligence of musical process, supported by symbolic painting on the flipchart, you will discover an out-of-the-box approach to solving diverse leadership challenges. Music part will be followed by lively conversation with participants, highlighting concrete leadership situations and life dilemmas. Miha Pogacnik is concert violinist, leadership advisor and cultural ambassador of the republic of Slovenia. Diana is concert pianist collaborating with Miha for the past 16 years.

4.4 Speak Up, Show Up: Let's get real with the Feminine.

Rooms – Berlin & Brussels

Nilima Bhat, Indian, Director, Roots and Wings Consulting.

Come join our Dialogue Circle with Nilima Bhat and lend your voice and ears to discover the deepest hopes, fears and needs of the Feminine as it seeks emergence at these transformational times. The Dialogue Circle is a sacred space for collective inquiry and group processing. Nilima will facilitate each of us to speak, listen, wonder and commune deeply and quietly with some of

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the burning issues that occupy our hearts and minds, bodies and souls. When we can tend with affection and compassion to that which is not being said, and allow it expression without judgment, there is an energy that gets released which heals and transforms individuals as well as the collective, taking them to a whole new level of fellowship, understanding and action. Open to anyone willing to share and explore the transpersonal and archetypal Feminine in a safe space.

4.5 Understanding and Changing Behaviour Patterns related to Money.

Rooms – Roma, Vienna & Madrid

Peter Koenig, British, Principal, Peter Koenig Enterprises.

No two people are identical in the way they relate to money. In this workshop you'll receive information on how to recognise the degree to which a person's normal system of dealing with money aligns with, or pulls them away from realising their inherent gifts and goals. A kind of Moneyhealth Check-Up. Then learn the fundamentals of an extraordinarily simple and time-proven method to make adjustments or changes which start to bring everything into line. The workshop is aimed at coaches and consultants for use with clients, but is also for anyone who'd like to try it out on the spot.

4.6 Film screening and discussion - THE SUBTEXT OF ANGER Mind Emotion Body Psyche Spirit.

Room - Amsterdam

Vandana Kohli, Indian, Director, Producer, Writer, Vandana Kohli Productions.

THE SUBTEXT OF ANGER is an essay in film that explores the emotion, expression and root causes that drive us to anger. World-renowned professors of Psychology, Sociology and Neurology examine the cause and impact of anger in these times of pressure and speed. They share screen time with the film's subjects, (who are regular people from amongst us and whose identities are often concealed) as they revisit their battles with rage, resentment and the underlying wounds that feed anger. THE SUBTEXT OF ANGER also explores how anger in us can become addictive and neurologically chronic, under exposure to constant stress in our daily lives. The film delves deep into the psyche and emotions of its subjects and is a comment on the times we live in. Finally, THE SUBTEXT OF ANGER suggests ways in which we may temper the emotion to lead healthier, more meaningful lives. Creative Documentary, 50 minutes, English, 2012 Producer/Director: Vandana Kohli.

4.7 Story Forum.

Room – Karlin I

Sharing the feminine, authentic and global stories of women as we make space to find unprecedented possibilities for a future in which business flourish and people thrive. This landmark *WIN forum* includes a number of wonderful WIN talks shared by amazing and outstanding women from various walks of life, background and nationalities. We are making space for the female voice to be heard, for the global connections to be formed as we share authentic stories to find new possibilities. This specific forum will have us all sit in a circle. The inner circle are the women chosen to tell their story, one after another – in a format that may resemble the longer typical WIN talks you hear in the plenaries. We will conclude the session, after each chosen speaker has spoken, by sharing with each other.

Moderator

- **Jeanette Luise Eberhardy, American**, Writer, Teacher, Consultant, Mass College of Art & Design, Founder, Wiv Inc: Creating Meaningful Work (Moderator)

Speakers

- **Betty-Ann Heggie, Canadian**, Founder, Betty-Ann Heggie Womentorship Foundation
- **Sherry Bakhtian, American**, Owner, Bakhtian Creative Solutions
- **Karen Asemper, British**, Founder, The Dream Alchemist
- **Melissa Dalton-Bradford, American**, Author, Lecturer, Vocalist
- **Aarati Saxena, Indian**, Director, Non Collegiate Women's Education Board, Coordinator NSS, University of Delhi
- **Olayinka Adeleke-Bello, Nigerian**, CEO, Rosy Touch
- **Dawa Choden, Bhutanese**, Principal, Private School
- **Nathalie Courtine, Swiss**, Conventions Manager, Medtronic
- **Sophie Lavaud, French**, Motivational Speaker, Mountaineer, SophieLavaud.com

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4.8 Corporate Forum 2: Creating and Inclusive Company Talent Management: developing people for an inclusive organization. A special look at Mentoring, Networks, Sponsorships and Work-Life Initiatives.

Rooms – Athens & Barcelona

This expert forum is dedicated to participants from corporations and international organizations who work to create an inclusive workplace; creating organizations of integrity, collaboration and support. Our focus will be on that of developing talent through cases of company networks, mentoring, sponsorship and work-life programs to work better across borders and boundaries with a global mind-set. The focus is organizational. This session will present case studies, highlighting innovative programmes and give opportunities to benchmark best practices, share experiences, brainstorm and find creative solutions. The first part of the session will involve an expert panel and the second will involve Q & A and interactive activities engaging everyone in a lively café style interactive learning process discussing the real practical actions that can be taken to create an inclusive workplace as we manage talent in global organisations.

Moderator

- **Charleen Michel Ph.D., Swiss**, International Human Resources Consultant, W.I.N. International Board of Advisors.

Speakers

- **Huguette Ranc, French**, Director IBM Global Financing France, IBM
- **Graham Sparks, British**, VP D&I and Talent, Shell International b.v.
- **Janelle Sasaki, Japanese**, Inclusion & Diversity Leader, Cisco Japan
- **Kamila Birnsteinova, Slovakia**, Head of Learning & Development, Swiss Re
- **Martina Brezinova, Czech**, CEO, Sodexo Benefits and Rewards Services, Czech Republic

4.9 Young Women Moving Up: Our Strengths, Our Values, Our Purpose.

Room – Karlin II

Courtney Adams, American, Co-Director, Youthbridge & **Christina Limbird, American**, Director of Student Support Services.

This workshop is about you, your generation, and who you want to be. In this interactive session you will discover and reflect on the unique strengths and core values you wish to draw upon as you embark on your career and life journeys. You will walk away with bolstered confidence and renewed purpose for your life path.

13:00 – 14:15 **Lunch** **Rooms - Chez Louis Salon, Atrium Restaurant & Zest Bar**

Day 3: The Afternoon – Celebrating Women

14:15 **Workshop Series V** (10 parallel skill building workshops)

5.1 Making the seemingly impossible, possible

Rooms- Palmovka & Rokoska

Alexandra Panayotou, Greek, Ultra Endurance Athlete, Speaker, Writer, Alex Living Excellence.

In this workshop we will go through what is needed to move from dream to reality; from planning resources, to working on yourself and your resilience so as to achieve more than you ever thought was possible. We will outline the basic values, philosophies, and tools that are needed to breakout and achieve personal excellence in whichever area of life it's necessary: professional, personal or leisure. We will focus on vital areas such as, recognising and striving to achieve your dreams, developing courage, facing fears, risk taking, self-esteem, and finding the necessary life balance in order to achieve all this while maintaining optimum mental and physical health.

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5.2 Are you Predator, Prey or Partner?™ The Art & Science of Positive Influence.

Rooms – Roma, Vienna & Madrid

Amy Carroll, American, Coach, Trainer, Speaker, Carroll Communication Coaching.

In subtle ways, we indicate who's got control and who doesn't. Some people take on the Predator role, leaving others feeling disrespected. Others give signals they're the Prey, as a result, often feel mistreated. We call this The Invisible Power Game™, an unconscious status exchange, which happens in the first 30 seconds of an interaction, determining who's in control and how you will be treated as a result. Participants will discover behaviors we unknowingly use that sabotage our business and personal relationships and how to step into the role of Partner, instantly communicating value and respect for both parties. The result, The Invisible Power Game™ is eliminated and you to get more of what you want, more easily with less hassle! Audience: those who want to increase their awareness and skills to step into Partner in all their interactions or just looking for something entertaining to do for 90 minutes!

5.3 Developing and flourishing Global Consciousness.

Room - Tyrolka

Anjana Nathwani, British, CEO, Athena Business Psychologists.

Being at the WIN conference in Delhi, made me realize that women are the global glue for global prosperity and global well-being. Attending the Women of the Future summit in London also echoed the same message; women from all over the globe doing great work. Facilitating unconscious bias workshops for senior leaders is confirming the same. Mentoring women entrepreneurs globally through the Cherie Blair Foundation has broadened my insights on women's experiences in different parts of the world. Being globally competent comes from being globally conscious and mindful. My organization is embarking on a unique study focusing on: 'New Paradigms for Success and Leadership as defined by Women Globally.' Research is happening in four different geographic regions. In this workshop I want women to heighten their global consciousness through the techniques mindfulness and café conversations.

5.4 Alive: Embodying Feminine Nature – a collective journey into honesty, choice and action.

Room – Karlin II

Clare Dakin, British, Executive Director/Founder, TreeSisters.

Honesty releases energy. Listening through the body invites deeper wisdom and knowing to become available to us. This workshop is an invitation to feel into our greater capacities and unlock the energy needed to move us into authentic action in our lives. We will literally walk through the TreeSisters Map of five choices as invitations through which to explore ourselves individually and collectively: feeling into what could become possible if women worked powerfully together. This workshop is for women who want to embody more of themselves, get real about our world and liberate their creativity in service to a positive future. Embodied, alive and awakened women are a powerhouse of possibility that is needed now. Our potential together is mind blowing, and up to us. If you throw yourself in to this, then you will leave energized, creatively alive and awake. Welcome to TreeSisters, please come!

5.5 How to harmonize and heal your living and working space through BioGeometry.

Room - Hercovka

Graziella Zanoletti, Swiss, Chief Inspiration Officer, Elite Rent-A-Car and Vice President BioGeometry Energy Systems & **Pier Paolo Alberghini**, Canadian, Founder & Principal Alberghini Architect Inc., Vice President BioGeometry Energy Systems.

BioGeometry is a science based on the resonance of geometrical shapes invented by Dr. Ibrahim Karim, an Egyptian architect based in Cairo, Zurich and Montreal. He applies the knowledge of the pyramids of ancient Egypt. During this workshop, Pier Paolo Alberghini and Graziella Zanoletti will be introducing you to Dr. Karim's teaching. You will learn how BioGeometry can help neutralize the harmful effects of EMF (electric magnetic frequency) and harmonize the places where we live. You will also understand how it can be applied as an energetic balance to improve the flow of energy in the organs of the body through BioSignatures. Practical applications can be done to any buildings, houses, business environments, computers, mobile telephones, electricity, water, geopathic stress, and hence health. You will be introduced to BioGeometry and learn some tools to start to harmonize EMF and magnetic pollution of the Earth. Ultimately, you will become more energetic, balanced and happy.

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5.6 Life Coaching – The Magical Highway to Transformation and Change!

Room – Karlin I

Heidi Roethlisberger, Swiss, Master Certified Coach, ICF and Business Owner.

If you knew you would not fail and time and money were not issues, which three things would you most like to have, accomplish, or work toward? You will learn the secret about energy drainers and things we tolerate and how you can eliminate those. You will learn how to become incredible selfish and why this is so important in your life, and you will get to know lots of different techniques on how to extend your own boundaries. Heidi is an internationally recognized Life Coach and works exclusively on the phone. During this session she will give us lots of practical tips and ideas on how we can all have more fun, more easiness and more joy in our lives.

5.7 Evolutionary Leadership – Succeeding Beyond the Ego, Leading with Purpose and Soul.

Rooms – Berlin & Brussels

Laura Gates, American, Executive Coach, Learning as Leadership.

Are you leading from your best self? If the idea of changing the world seems possible and the thought that you could actually be part of the solution probable, this is the call of your soul. If you are yearning for a more conscious and awakened existence in the form of conscious and awakened leadership, the world needs your gifts and talents more than ever. Laura has coached hundreds of leaders from around the globe, from large corporations, entrepreneurial start-ups and government agencies, on removing self-limiting obstacles and discovering how to step into their leadership, living their lives with purpose. If you believe you're here to make an impact and you're ready to find out just how big that impact can be, join us in this 90-minute experiential workshop to: Identify self-limiting obstacles that impede your ability to succeed. Practice leading from your fully realized self, outside of fear and overwhelm. Explore your true goals and purpose.

5.8 Just what does it take to get on the radar of decision-makers?

Rooms – Athens & Barcelona

Nicol Garwood, British, CEO & Founder, Out There Marketing.

In order to advance within your company or bring in new business to your own company, it's necessary to be visible to people in a position to hire or refer work to you, and to develop strong relationships with decision-makers. But, this requirement can create considerable anxiety in a woman. I'm not telling you anything you haven't already experienced countless times. During this workshop you'll learn how to brand yourself confidently and efficiently using LINKEDIN, so that your talents, personality and expertise shine through without you feeling as though you're aggressively selling (better still; tap-dancing), or pushing in a way that's "not you." Through hot-seating, personal feedback and learning the right vocabulary that speaks to your target audience, participants will gain new skills that can be quickly used to make a memorable impression. This workshop is a MUST for the professional and entrepreneurial woman wishing to unleash the power of LinkedIn. See you there!

5.9 Truth, Beauty and Passion.

Room – Karlin III

Seema Kohli, Indian, Freelance Contemporary Artist.

In VISUAL REALIZATION we aim to sharpen our aspirations as goals and then realising these goals through special techniques. Through these techniques we train our aspirations to penetrate deep into our subconscious mind, which in turn stimulates our active mind to move positively in the direction of our goals. Ancient Indian sages have formulated these techniques. This workshop will help women achieve their goals, multitask without stress, make them soar in self-confidence and finally make them peaceful and happy in times of competition and contradiction within. These tools will be imparted through live demonstration, an interactive session and discussing our experiences during the session. The workshop is aimed at achievers and seekers of involution as one corresponds to the other.

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5.10 Young Women Moving Up: Our World, Our Journeys.

Room - Amsterdam

Christina Limbird, American, Director of Student Support Services & **Courtney Adams, American**, Co-Director, Youthbridge.

We are not living in the same world our mothers did at our age, but what is the landscape of this new world and how are we going to forge our paths? In this workshop we will look at how to navigate our ways through the opportunities and challenges of life as a young woman in today's global society. Together we will debunk modern day myths, examine what it means to "have it all", and identify extraordinary everyday role models. By the end of this session, you will have a clearer picture of where you want to go and what to do to get there.

15:45 **End of Workshop Series.**

16:00 **Plenary: Flourishing Together** **Room - Congress Hall**

We are come to an end and we will share stories, plans and desires for tomorrow and commit to the future as we dive into feminine leadership and dance 5 elements.

Session host

- **Kristin Engvig** & WIN Team Members

Speakers

- **Jeanette Luise Eberhardy, American**, Storyteller in residence Writer, Teacher, Consultant, Mass College of Art & Design, Founder, Wiv Inc: Creating Meaningful Work.
- **Nilima Bhat, Indian**, Director, Roots & Wings Consulting.

Dancing the Five Elements.

According to Indian wisdom, all of Creation is essentially the divine inter-play of the five elements from which it is made: Earth, Water, Fire, Air and Space. Each of these elements has its unique movement, emotion, quality and nature. Finding these elements within ourselves and dancing them to ascend to our freedom, and descending through them to re-create ourselves anew, is the double helix of liberation and manifestation, ascent and descent that is the Dance of Life itself!

Session Musician

- **Diana Baker, Australian**, Composer & Concert Pianist

17:30 **Plenary Ends**

19:30 **Gala dinner buses depart.**

20:30 **Gala Dinner: Celebrating Women.** **Zofine Palace**

Celebrate Flourishing together: with beauty, trust & passion and experience delicious authentic Czech food surrounded by talented men and women and the astounding architecture of the Zofin Palace in Prague.

Saturday, 5 October

Day 4 – Saturday Workshops

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Enjoy an extra day to let your light shine and we flourish together. Find a new workshop, or reach out to those who you can support or who can help you put your ideas into action. Spend the day with new colleagues, partners, and friends and get ready to find beauty, trust, passion and new possibilities.

09:00 – 9:45 **Body-Mind Awakening Session**

Conscious awakening, Sophrology games and Day visioning.

Room – Karlin II

Diana Ritchie, Swiss, Owner & Founder, SCC Sarl.

Sophrology is "the study of the consciousness and the values of existence". It is a series of physical and the release of tension, stress, pain and the activation of concentration, consciousness, awareness of your body, being present, which leads to a calmer, better adjusted you – able to handle all that life brings your way. For more information please visit: www.sophrologyinternational.org

10:00 **Workshop Series VI** (5 parallel skill building workshops)

6.1 Networks, mentoring and sponsorships: Critical to achieve personal, professional and life success.

Room - Hercovka

Charleen Michel Ph.D., Swiss, International Human Resources Consultant, W.I.N. International Board of Advisors.

People have a greater chance of achieving personal, professional and life success if they build effective and meaningful relationships with others who have knowledge, experience, perspectives and influence. Through these relationships, individuals clarify personal career plans, evaluate options, provide/receive tangible advice on specific issues, and define plans to achieve their personal goals and objectives. During this session, we will use mentoring circles to explore the strengths, challenges faced and opportunities available in using networking, mentoring and sponsorships to further develop leadership skills and advance in today's global environment. Participants will create a personal plan to achieve their career and life aspirations through effective partnerships with others. A research survey will also be used to evaluate the current status of workshop participants.

6.2 Write your own mission statement.

Room – Karlin I

Helen Eriksen, Danish, Director, Academy Economist, Public Speaker, Beyond.

If Carl Jung, Albert Einstein, Sigmund Freud and others are correct in saying that human beings use only 5% of their inner potential, then we better do something concrete, effective and powerful to become more conscious about ourselves and our career choices. Experience and research tells us that a personal mission statement can indeed be a very good starting point. This workshop will for the 12th time at W.I.N. take participants through the process of creating a mission statement and will show how it can clarify core values, alter the way we perceive and act, and enable us to use much more of our potential. In an authentic, powerful, and meaningful way. Audience: suitable for all.

6.3 Transform Your Life!

Room – Karlin III

Martha Tilyard, American, Principal, Management Consultant/Coach, Tilyard Consulting.

How do you take home what you've learned? Can you keep the dream alive? This practical, hands-on workshop puts you in touch with your deepest desires and uncovers your own wisdom. Connect what you've learned in the conference with your real life goals to produce a passionate, workable vision. Experience has shown remarkable results when you identify what you want and then create a palpable vision. You'll leave this workshop with something you can use every day, with a renewed sense of purpose, and with a deep confidence you didn't know you had.

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6.4 Awake & Meditate.

Room – Karlin II

Wiebke Hansen, German, Owner, Independent.

This early morning session will give a taste of inner peace to all those women who know what “monkey mind” is about and are looking for a way to “let go of the monkey”, quiet their mind and release the accumulated tension from their bodies to start the day fresh, alert and open to receive the conference’s exciting input. Following a brief overview of historic and scientific evidence, as well as personal testimony regarding the benefits of a regular meditation practice, the participants will be lead through a seed sound meditation moment. The goal of this session is provide you with a first-hand experience of an easy-to-use, always-available tool which allows you to return to focus, no matter how high-paced your day might be

6.5 Young Women Moving Up: Envisioning Our Futures.

Room - Budapest

Christina Limbird, American, Director of Student Support Services & Courtney Adams, American, Co-Director, Youthbridge.

Be prepared to move, share, create, laugh and learn in this creative workshop. As individuals and collectively, we will envision our ideal future selves and the world we hope to shape. Listening to the voices of want our legacy to be. This session you will help you discover how you can contribute to a world in which we not only grow, but also flourish together.

12:00 – 12:30 **Conference Ends with a Coffee Break.**

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Inspiring women worldwide